

balletLORENT

Community cast performance opportunity



Multi-award-winning dance company balletLORENT is looking for five older people aged 70+ years to take part in its latest fairytale show, Rumpelstiltskin. You will be part of a cast involving all ages, selected during a **free**, informal workshop run by balletLORENT dancers.

Date: **21st Sept 2018** – Time: **2 – 4.30pm** – Venue: **Kirkcaldy Methodist Church St Clair Street, KY1 2BS**

Requirements

- No previous dance or performance experience necessary
- An experience of wool winding and knitting preferable
- The ability to walk unaided for approx. 20 feet is necessary

The workshop will involve:

- Introduction to the project, including a short film
- Seated warm up to music
- Session based on scenes from Rumpelstiltskin, arm-knitting, wool-winding
- Creating rhythms of movement with wool and raffia in small groups
- Opportunity to try on costumes and discuss the dates of the project.

If you are interested in being considered for this one-off performance opportunity, please call Louisa Turner on 01592 201723 or email rascal.turner@btinternet.com to book one of 20 places on the workshop.