

Meet Calamari SHANARRI, our wellbeing octopus



Getting It Right For Every Child (GIRFEC) is the Scottish Government's drive to improve outcomes for all children. The aim is that all children in Scotland are given every opportunity to develop their full potential to become confident, responsible, and productive members of society. As part of CrossReach's contribution to Year of Young People, Children and Family Services have introduced a new tool, Calamari SHANARRI, designed and created by CrossReach GIRFEC Development Advisor, Tanya Anderson. As she says: "GIRFEC is important for everyone who works with children and young people, as well as many people who work with adults who look after children. CrossReach provide

introductory training to all their services on the key issues addressed by GIRFEC and the wellbeing indicators. Children enjoy interactive play, colour, creativity and fun. Art and music are used frequently in many of our services, especially with children and young people. To start to encourage our clients and staff to learn more about GIRFEC and make it a common terminology in everyday activities, an interactive tool was needed – and that's why I created CAL the octopus. The eight legs (and the name) stand for the eight SHANARRI wellbeing indicators – Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included. Anyone can make a knitted octopus and it can be used with groups of children, young people and adults - and indeed all ages mixed together. The indicators are useful tools to help focus on individual strengths and weaknesses."

- To find out more, please visit: www.crossreach.org.uk/year-young-people-2018 or e-mail: tanya.anderson@crossreach.org.uk

Showing Support for CrossReach

CrossReach's Supporter Relations Manager Crispin Longden had a very busy but productive day recently. Firstly, he appreciated the hospitality from and generosity of the Trinity Church Ladies Group from Crossgates in Fife who donated £300 to our family bus at HMYOI Polmont. On his way back from that meeting, he stopped off to pick up an amazing donation of collectables from one of our supporters, Miss Wetherston. Her bundle of treasures included two rare cigarette card albums featuring the Silver Jubilee of King George V and the coronation of King George VI. The albums will be sold to raise funds for our Children and Family Services.



From Nairn to Beijing without leaving your armchair!



The latest 'Armchair Travel' session at Whinnieknowe Care Home in Nairn took the residents and staff on a trip to Beijing. Every resident brought along their Armchair Travel passport which was 'stamped'. An image of an aircraft leaving for China opened the slideshow which featured maps, pictures of the national flag, well known landmarks and the national dress. An enthusiastic discussion followed with images about Chinese New Year, the Forbidden City, the Terracotta Army, the Great Wall, the significance of the dragon and the growth of the economy over the last 20 years. Travel brochures, tourist

leaflets, postcards, clothing, musical instruments and currency were all available for residents to look through and chat about. Videos about the country played for those who would rather watch and listen. Next came the taster session: special fried rice, noodles, prawn toast and spring rolls, with authentic chopsticks from China. A member from the local church (and granddaughter of one of the residents) shared her experience of learning Mandarin during a school trip to China. Previous 'flights of imagination' have taken the residents to Canada, Switzerland and Nepal and plans are in place for an excursion to Spain in April.

COMPETITION

Design a CrossReach Christmas Card for 2018

We will print the winning entry as a card and sell it through the CrossReach Christmas Card & Calendar Collection 2018 catalogue and website. The Winner will receive a certificate and a supply of their winning design as printed Christmas Cards.

Competition Guidelines

- › The card must be an original design
- › Submit your card design on a sheet of paper/card no larger than A3 size
- › Computer generated designs must be original and printed out as a hard copy
- › Avoid textures, 3D effects or metallic colours, which can be difficult to reproduce in print
- › You can suggest a Greeting and/or Bible verse for your design
- › Please enclose an appropriate stamped addressed envelope if you wish your design(s) returned to you

The competition is open to all supporters of CrossReach of any age.

Remember to write the name of the person or group who designed the card, age (if age 16 or under) and a contact person's name, address and telephone number on the back of each entry.

While copyright of all entries remains with the entrants, by submitting an entry, each entrant agrees to grant an irrevocable, perpetual and worldwide licence to CrossReach Trading Ltd to use it for the purpose of their Christmas cards and any promotional material connected to that.

Closing date: Tuesday 3rd April 2018

Send your entry to:
Christmas Card Competition
CrossReach, 47 Milton Road East,
Edinburgh EH15 2SR

