

Hi there,

I am happy to let you know that after a two-year break, we are going to run our Food Works! course again, starting on the 1st of February. The course will run every Tuesday here in our training kitchen at East Fergus Place from 10am to 2pm for ten weeks and is aimed at people who would like to work in catering or hospitality.

This could be someone who is wanting to change career, get back into work after unemployment, has left school recently or is interested in going to College to study full-time. Participants will cook with our community chef and receive support from BRAG Enterprises as well as gain REHIS qualifications. Of course, most of the skills gained in this course could be transferable to any job or further education and cooking is a skill that can be used every day at home!

We will be limiting the class to 8 participants so that everyone has a cooking station to themselves and we will be following the covid guidelines at all times in the classroom.

I am attaching the flyer with more information and I would be grateful if you could share it with your colleagues and clients. If anyone has any questions or wants to register, then please email me: jackiea@greenerkirkcaldy.org.uk

Best wishes for 2022!

Jackie

Jackie Arreaza
Development Worker
Community Food Team
Telephone: 07465 201773



FOOD WORKS!

Greener Kirkcaldy in partnership with BRAG Enterprises Ltd.

Would you like to gain experience in cooking and progress into employment, training or education?



Our next Food Works! 10-week course takes place on **Tuesdays, 10am to 2pm** from **1st of February to 5th of April 2022** at the **Lang Spoon Community Kitchen**, 8 East Fergus Place, Kirkcaldy.



Interested? contact **Jackie Arreaza** by calling **01592 858458** or email jackiea@greenerkirkcaldy.org.uk



FOOD WORKS!

Build your knowledge, skills and confidence, achieve qualifications and gain experience.

We'll be offering a range of accredited training opportunities including:

- REHIS Elementary Food Hygiene
- Introduction to Food and Health
- Elementary Cooking Skills
- Allergy Awareness

Participants will also cook with a professional chef, visit Fife College and receive employability skills support from BRAG Enterprises.

Who can apply?

School leavers and anyone who is long-term unemployed that are in need of new skills and training to progress into employment, training or education.



Food Works! is a training and employability programme funded by the Scottish Government Investing in Communities Fund.

Greener Kirkcaldy is a registered charity, working to benefit the community and the environment. charity number SC041412

www.greenerkirkcaldy.org.uk



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