



Greener Kirkcaldy

Hello!

Welcome to the November edition of the Greener Kirkcaldy Newsletter, sharing all of our latest news and events. You will also hear from our energy advisors at Cosy Kingdom.

News





COP26 - A Case for Stubborn Optimism

Climate change is big news this month. Our Chief Executive, Suzy, shares her thoughts about the COP26 conference and what we can do to make a difference, in [this blog](#).

Fife Food Summit

Back in June we hosted the Fife Food Summit, bringing together over 80 people online to talk about food and how it relates to the climate emergency.

Read [our blog](#) to find out what the event was all about and how it all went. You can also catch the keynote sessions and panel discussion on our [YouTube playlist](#) for the event.

Line in the Sand - Across Fife

Hundreds of Fifers gathered in 4 locations around the kingdom to make a line in the sand to send a clear climate message in the lead up to COP26.

[This blog](#) on the Climate Action Fife website, runs down what happened over two weekends in September in Buckhaven, Dalgety Bay, Kirkcaldy and St Andrews.

Celebrating 1 year of Lang Toun Cycles

On Saturday the 13th of November 2021, our community bike shop, Lang Toun Cycles turns 1! We will be holding an event to celebrate and we want you to join us.

Come along during shop opening hours (10am - 5pm) on the 13th to celebrate with us and enjoy a cop of free tea or coffee and a selection of cakes as well as...

Offers:

- 20% off all bikes on sale
- 15% off all accessories and clothing
- The £5 Bargain Basket

Activities:

- Fix a Flat speed test – come along and test how fast you can fit a new inner tube to a wheel – fastest wins a prize of an Essentials Cycling Accessory Kit from Topeak worth £32
- Anniversary Reception
- Peachy Keen “WattA lot of Energy” challenge for adults and children
- Prize Draw

Events

Go to the [Greener Kirkcaldy Website](#) for booking and info on upcoming events.



Climate Knowhow - from 11th November

6:30 - 8:30pm on Thursdays for 4 weeks

Our Fife specific Climate Knowhow course will tell you all you need to know to confidently discuss the climate emergency and describe the actions we can all take to tackle it. [More info...](#)

Lang Toun Cycles Anniversary - 13th November

10am - 5pm

Join us at 245 High Street in Kirkcaldy on Saturday the 13th of November to celebrate the 1 year of Lang Toun Cycles. [More info...](#)

A Taste of Asia - 16th November

6 - 8:30pm

This workshop will take you on a journey through the main flavour influences of Asian food. These flavours come from India (curries and spices) in the west, China (seasonings and cooking methods) in the east,

and the Americas (chilies). [More Info...](#)

Climate Friendly Businesses - 19th November

8:30 - 10am

The Climate-friendly Business Breakfast will offer support and advice to help Fife businesses and 3rd sector to increase sustainability and reduce energy use, food waste and operating costs. [More Info...](#)

A Taste of Hygge - Danish Winter Recipes - 30th November

6 - 8:30pm

Get prepared for winter by learning some Danish winter recipes that will give you a taste of "hygge". Hygge is a Danish concept which means creating a warm atmosphere and enjoying the good things in life with good people. More info coming soon, keep an eye on the Greener Kirkcaldy [events page](#).

Cosy Kingdom



With energy prices at a record high many of us are thinking about ways to reduce our energy demand at home, especially when it comes to heating our homes and staying warm at the same time. Using your heating controls correctly is a great way to get started. Take a look at [Cosy Kingdom's blog](#) on making the most of your heating controls.

Have you received support from Cosy Kingdom in the past few months? We're looking for people to share their feedback on the service. Everyone who completes the survey will be entered into a prize draw to win a £25 One4all voucher. [Take the survey now](#)

Blogs

Our staff and volunteers have been publishing a series of blogs with tips, recipes, how to guides, advice and ideas you can do at home.

[Read our latest blogs](#)

Videos and Tutorials

Visit our YouTube channel to see our latest event video from Blue Sky Thinking: Fresh ideas to encourage us to fly less.

[Visit our YouTube Channel](#)

Support our work

You can help us do more work in our local community and support those who need it. Help us make a difference.

- [Donate](#) - give a one-off donation or set up a monthly direct debit
- Remember us in your will and leave a legacy
- Become a Greener Kirkcaldy [member](#)



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