

Bennochy Parish Church of Scotland

# Newsletter

June 2019



We wish all our readers a very happy summer. If you are going somewhere exciting on holiday please send us a card.

Minister: 643518

Session Clerk: 200179

Church Office: 201723

Website: [www.bennochyparishchurch.org.uk](http://www.bennochyparishchurch.org.uk)

Registered Scottish Charity SC005628

**June 2019**

***'From the 'Manse',***

The Bennoch Church Open Door project is sponsoring a community 'forum' event, entitled *Connecting our Communities*. Over 40 people, individuals and others representing various organisations, will come together on the 28th of May to hear presentations, and discuss "how can we work together to develop our local communities?"

To connect with our community we need to first of all build relationships, for relationships are the basis of trust and partnership working. To let people know that the very things they are concerned about, the church is too. We don't sit isolated, but are part and parcel of our local communities.

I have no idea what the results of the conference will be, but we hope relationships will be strengthened, new contacts made, and maybe a local project can be envisioned, that we can all participate in.

Beyond that, as a church, we need to be asking ourselves, *what is God up to in our communities*, ahead of us? How do we discern that, and then participate in what God is already doing? This is the church participating in the mission of God and not God participating in the mission of the church!

In the life of the church, at every level, change is being proposed. I hope it is not change for change's sake, but a reforming of the Kirk, following the presence of God in our communities, the words of Christ, *come follow me* and the discernment of the Spirit of God.

With all the blessings of God,

***Robin***



## Walking Together – Reflective Walks for All Ages



*Walking Together* was the theme of the 2018-19 Moderator, the Very Rev Susan Brown, and General Assembly has been encouraging churches to get involved in different types of pilgrimage.

What opportunities might there be to walk with a group from your church? Can you create a time to walk, talk and pray? Reflective walks can be a meaningful way for people to connect with God, creation and each other. They can be done alone or in a group, with church regulars or those with no church connection, in a rural or urban setting.

**Walking Together** cards have been produced to encourage conversation and reflection with people of different generations. These have proved very popular and have already been used by Boys and Girls Brigade groups, Guild groups and church groups of different ages. The cards focus on a theme such as a view, a stone, food or water, and provide walkers with prompts for something to think about, something to do and something to talk about.

Free sets of cards and a Leaders' Guide can be downloaded or ordered from the Resourcing Mission shop: <https://www.resourcingmission.org.uk/shop>

In Your paths, Lord Jesus,  
We walk, our hands in Yours  
As You lead us forward  
In step  
Together  
Open to You  
And Your world  
For Your sake

*Very Rev Susan Brown*

There are countless definitions and interpretations of pilgrimage. A new page on the Resourcing Mission website signposts just a few of these different approaches.

<https://www.resourcingmission.org.uk/mission/pilgrimage>

## Deaths

27.02.19 Mrs Janet Muir, Elizabeth House, Dysart.  
21.03.19 Mrs Jenny Pheeley, Lindsay House, Lumphinnans.  
21.05.19 Miss Georgina Kennedy, Ostlers House



## **Jenny Featherstone - Mission Partner, Zambia**

Jenny has now retired from her position as head of Chodart College, Choma. She has been back in the UK and Germany on furlough. She enjoyed her brief visit to Bennoch Church while in Kirkcaldy Presbytery and knows she is among many friends.

On return to Zambia, in mid June, her intention is to develop an Advice Centre in the College compound, living in one of the houses built by the Construction Department of the College, along with her 2 dogs - good for security.

One area of support would be for Alcoholic Abuse, very common among the townships. There are many other areas of need to be addressed.

Further news after Jenny's return and once the Centre is established. She has our good wishes at heart.

### **A tale to gladden the heart .....**

22 track suits - new, macron brand, various sizes, have lain in our church cupboard for over a year, awaiting the right home. It was hoped to have them travel out to Zambia with Jenny Featherstone and colleagues after her visit to Kirkcaldy Presbytery in April / May of this year.

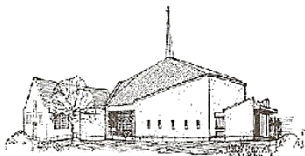
Weight, however, as extra luggage, was excessive - 30k at over £600! Problem solved through St. Andrews University; their Sports Centre - Saints Sports - sends students out to Zambia every year - 7 on 1<sup>st</sup> June for 7 weeks and 7 likewise on 22<sup>nd</sup> July. They fly to Lusaka and from there to small townships for both sports coaching and for English language lessons - a big, happy welcome awaits them.

In Lusaka, the Sports Centre is quite near the UCZ compound, (United Church of Zambia). 2 Mission partners from Cof S live there - Keith & Ida Wadell, who will receive the track suits and - will be visited by Jenny in the course of time.

Lo and behold - a happy ending, and a happy beginning for girls' football in Play4All and other groups known to Jenny!



*Margaret Simpson*



## Bennochty Parish Church of Scotland

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KY2 5HR

Minister (01592) 643518  
Session Clerk (01592) 200179  
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### TO ALL MEMBERS BENNOCHTY PARISH CHURCH KIRKCALDY

May 2019

### GIFT DAY SUNDAY 23<sup>rd</sup> June 2019

The first of our two annual Gift Days is following the same pattern as last year and will coincide with the June Communion Service, which is on Sunday, 23<sup>rd</sup> June 2019.

Most of our income comes from your weekly/monthly donations to the church, whether through the Free Will Offering scheme, by Standing Order or in the Open Plate. These Gift days add a significant amount to our annual income each year, along with us reclaiming Gift Aid on behalf of those members who have signed a declaration form.

The usual Gift Day envelope will be delivered to you along with this Newsletter. These envelopes are printed with a Gift Aid Declaration on the back and so if you are a tax payer and want your donation to be Gift Aided, please make sure you fill in your details, even if you have already signed a Gift Aid Declaration Form. If you are unable to come on Communion Sunday but still wish to contribute to the Gift Day Appeal, please put your donation in the special envelope and put it in the collection plate when you are next at Church. In the line marked 'Name of Charity' please remember to mark this as **Bennochty Parish Church** so that we can claim back the tax on your donation.

If you are a taxpayer, please consider signing a Gift Aid Declaration Form if you have not already done so, as the Church will be able to recover the appropriate level of income tax from your donation. Every £1 becomes £1.25. Gift Aid Declaration Forms are available at any time from Diane White or Margaret Kinnear, or ask any Sunday Welcome Team member who will assist.

The Finance Team wish to thank you once again for your continued support for God's work here at Bennochty and in the wider community and pray that you continue to have a Church home where your life is enriched by worship and Christian fellowship.



## Christian Aid 2019

As a result of the morning service collection on 19<sup>th</sup> May, £478 was raised. Added to the previous Sunday's Soup and Sweet Lunch total of £507 and the reclaim of tax through Gift Aid of £75, the overall total is £1060.

Thank you most sincerely to everyone who donated in any shape or form towards achieving this very acceptable sum and to the benefit it will bring to others in need.

*Angela Stewart, Christine and Charlie Low.*

- Thanks also to our organisers, Angela, Christine & Charlie for all their hard work, and not forgetting Janice and her team for providing such an excellent Soup and Sweet lunch.

### **Presentation**

It has occurred to me that you may not have seen the 'Thank You' for my retiral presentation I inserted in the Order of Service for 17 March 2019. In case you missed it, I now include it in this Newsletter.

"I was completely taken by surprise last Sunday and was left speechless when I was asked to come forward for the Presentation. The iPadPro and the rotating case is something I always wanted but never got round to purchasing. A big thank you to all for your generosity. I will miss being the organist and will have to get used to sitting in a pew on a more comfortable seat! I still cannot believe that I have been an organist for 62 years and that 32 years have been in the Bennoch building."

A big thank you to you all.



*Brian Booth*



## Louisa Turner – Development Worker

**Abbotshall & Bennochy Messy Church** - Unfortunately the planned May Messy Church session had to be cancelled due to team members having other commitments. Future dates for Messy Church have been planned for us to enjoy some fun together whilst we learn about Jesus' love for us all.

Messy Picnic will be held in the church gardens, where families will be encouraged to bring and share their picnic on Sunday 30<sup>th</sup> June. We shall be having traditional games of rounders/football/twister and a treasure hunt. Everyone is welcome. Come and join us in the garden, even if you don't usually attend Messy Church - it is a good time to catch up with friends and have a blether.

To allow time for the team and families for holidays away from home, there will be no Messy church in July at Bennochy. However, on the weekend of Saturday 24<sup>th</sup> August, there will be an opportunity to enjoy activities, songs and hear a Bible story in the Mercat Shopping Centre, Kirkcaldy and on Sunday 25<sup>th</sup> August, to enjoy the fun at Bennochy once again.

Messy Sunday will be on Sunday 22<sup>nd</sup> September, when we will have our annual community BBQ, games in the garden, and a visit from Kirkcaldy North Primary Choir. We will also have some other forms of entertainment for all ages to enjoy. Mark the date in your diary.

**Community Garden** - The planters have been planted and will soon be a cacophony of colour. This year primary 5 from Dunnikier Primary helped to plant as well as weed some of the garden. They had so much fun they asked if they could come back and weed another day and bring a picnic so they can stay longer!



The Community Garden team remains very small and we are always looking for extra hands. Over the past few months we have been planning to transform the area to the rear of the kitchen into a sensory garden. We have great ideas but will require a few more team members before we can actually advance with this aspect of the project.

The annual Weeding Supper party for the Community Garden is planned for Tuesday 2<sup>nd</sup> July. (weather dependant, I'm a fair weather gardener!) Last year we enjoyed an hour of weeding and tidying followed by al fresco chip shop suppers. Great fellowship was had by all who attended. Come along even though you feel that your gardening days may be over...we always need someone to pop the kettle on and an excuse to sit down for a blether!



**Kirkcaldy North Primary** are visiting the Get Together Group on Thursday 20<sup>th</sup> June at 2pm. The children will be telling us all about their experiences of den building and would like to hear your experiences too. Please, if you can, come along for an hour to support the children and the Get Together group. These visits are part of our intergenerational work with the community.

**Board Game Club** - the after school club at Kirkcaldy North Primary has once again been successful, as the waiting list for spaces keeps growing - presently there are 60+ pupils wanting to attend. Each term different groups of siblings have the opportunity to join our adults to play board games. All the children engage with the games and enjoy the adult company. The Olive Branch Café provide sandwiches and other items are purchased which then means that, as a church, we are giving a meal to the children.

**Book Bug Sessions** - the next session is planned for Thursday 30<sup>th</sup> May, 1.30 – 2.15pm at the church. We will be sharing the story of the Teddy Bears Picnic, singing some familiar rhymes and having fun interacting with the lycra. Families with children under five years are welcome. The theme of the story on Thursday 27<sup>th</sup> June will be PANTS!

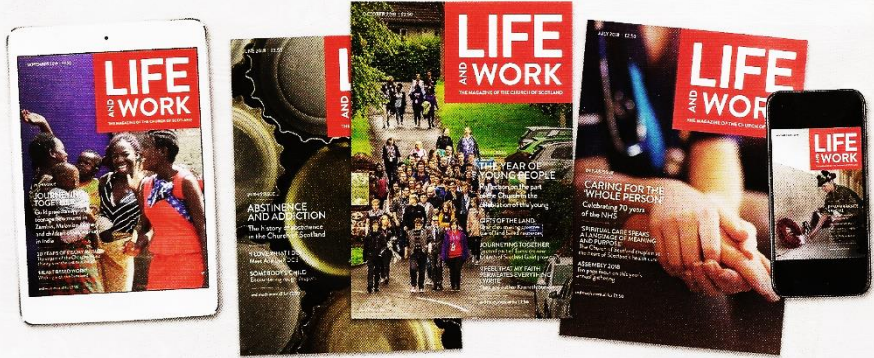
We will be having a break from Book Bug in July but will be back again on Thursday 29<sup>th</sup> August.



❖ **Greetings** .... Mary Sherrard sends best wishes to all her friends at Bennochty



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The above advert appears in the June issue of Life & Work, the magazine of the Church of Scotland and offers anyone interested the opportunity to take out a trial 6 month subscription. More information can be found on the Life & Work website, or speak to Moira Meek.

## Second World War Memorial

We have only one memorial plaque from the former St Andrew's Church. There are nine names on it:-

Henry Black  
John Cameron  
James Collins  
Stewart Livingstone  
Allan Macnaughton  
Thomas McGill  
Andrew Ross  
William Skinner and  
William Young.

I hope to add information about each of them to the folder already in the Church for World War 1, if possible by September, the 50th Anniversary of the beginning of World War 2 - and I wondered if there are other names of War dead from our Union churches, and also are any of the names on the Memorial part of your family?

Please speak to me if you have any stories or photographs. Thank you.

*Nancy Gilmartin.*



### KIRKCALDY AREA REACHOUT TRUST



You are invited to attend the KART AGM on Tuesday 11<sup>th</sup> June at Abbotshall Church Hall from 7.00 – 8.30pm.

Come along and hear all about the progress and work taking place this year in our schools and community.

Tea/Coffee and home-baking will be served.

## **DRU YOGA CLASS**

**IS NOW ON A THURSDAY MORNING**

**AT BENNOCHY CHURCH,**

**10:00am – 11:00am. COST £5.00 PER CLASS**

**Do you feel stressed out? If so, come along and feel the calmness a yoga session can give you. De-stress, Detoxify and relax mind and body.**

**Dru Yoga uses traditional Yoga postures as well as simple Tai Chi based sequences to bring peace and calmness within.**

**CLASS TAILORED TO SUIT ALL NEEDS  
IMPROVE FLEXIBILITY, TONE AND STRENGTHEN  
ALL AGES, SHAPES AND SIZES WELCOME**

**SUITABLE FOR BOTH MEN AND WOMEN**

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**Mob: 07960418659**

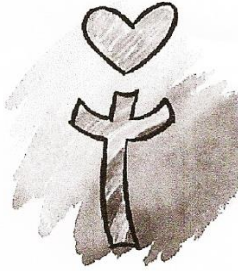
**Or E-mail: [peterw.west@btinternet.com](mailto:peterw.west@btinternet.com)**

**Or speak to Phil Reeves at the Olive Branch Café.**

### **What is Dru Yoga?**

**Dru Yoga is a graceful and potent form of yoga, based on flowing movements, directed breathing and visualisation.**

**Set firmly in ancient yogic tradition, Dru works on body, mind and spirit – improving strength and flexibility, creating core stability, building a heightened feeling of positivity, and deeply relaxing and rejuvenating your whole being.**



## SUNDAY SCHOOL

Another year of Sunday School is over. We had a busy year learning through stories, bible reading, activities and crafts, and preparing for our participation in the church services.

We close this session on 23rd June with our prizegiving followed with a picnic indoor/outdoor depending again on the weather.

Our next session will start on Sunday 25th August.



We wish everyone a very happy sunny summer.

## **Bennochty Bowling Group**

Mondays 2-4pm at the Gunner Club is the time and meeting place for our carpet bowlers at present. We have decided to have a break in the summer because of annual holidays and school holidays. Our last day of bowling will be Monday 24 June and we will restart on Monday 12 August.



## Summer Calendar

June 11	KART AGM	
June 20	North P.S. visit to the Get Together	
June 23	Communion service, Sunday School Prize giving & Gift Day	
June 27	Bookbug	
June 30	Messy Church – Picnic	
July 2	Community Garden Weeding Supper Party	
July 7	Joint service at Linktown Church, 11am	
July 14	Joint service at Abbotshall Church, 11am	
July 21	Joint service at St Bryce Kirk. 11am	
July 28	<b>Joint service at Bennoch Church, 11am</b>	
August 24	Messy Church in the Mercat	
August 25	Messy Church at Bennoch	
August 29	Bookbug	
September 22	Messy Church BBQ	

### Change of service times

Over the summer, as well as our joint services in July, the Kirk Session has agreed to trial earlier services during August. These services will begin at 10.30 and not at 11.00am. This will then be reviewed, to consider earlier start times in the future.



### The Olive Branch Café

Open every Thursday in the Methven Hall from 1100 am – 2.00 pm for teas, coffees & home baking. Lunches served from 12 noon.  
Our internet café is also open from 11.00–2.00



Free Wi-fi.

- Next Newsletter: 29<sup>th</sup> September 2019